



BECOMING ALPHA • PLAYLIST • VOL. I

Press Play, Pour Something Cold.

A listening ritual for the golden hour.



A LISTENING RITUAL

Thirty tracks, three moods.

The Becoming Alpha villa sound: thirty tracks we return to on retreat. Play end to end, or drop the needle on the side that suits the hour. Best served slightly loud, with something cold in your hand.

SIDE A

SIDE A

Golden Hour

For the slow arrival: a shower after the flight, the first walk around the villa, that hour between light and dinner.

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|----|--------------------|---------------------|
| 01 | Un Bel Dì, Vedremo | Maria Callas |
| 02 | La Femme d'Argent | Air |
| 03 | Cœur de Pirate | Comme des Enfants |
| 04 | Moon River | Frank Ocean |
| 05 | Cherry Wine | Hozier |
| 06 | Dreams | The Cranberries |
| 07 | La Vie en Rose | Daniela Andrade |
| 08 | Estate | João Gilberto |
| 09 | Nightcall | Kavinsky (acoustic) |
| 10 | Coffee | Sylvan Esso |

SIDE B

SIDE B

Long Table, Long Lunch

For the room when it fills: glasses, laughter, someone bringing out the second bottle.

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|----|-----------------------|-------------------|
| 01 | Volare | Dean Martin |
| 02 | Tu Vuò Fà L'Americano | Renato Carosone |
| 03 | L'appuntamento | Ornella Vanoni |
| 04 | Sway | Michael Bublé |
| 05 | Feeling Good | Nina Simone |
| 06 | Bem Bem Maria | Gipsy Kings |
| 07 | Cha-Cha-Cha | Jimmy Luxury |
| 08 | Mambo Italiano | Rosemary Clooney |
| 09 | Vivo Per Lei | Bocelli & Giorgia |
| 10 | Come Prima | Marino Marini |

SIDE C

SIDE C

Villa Nights

Later: candles lit, shoes off, someone at the piano and no one in a hurry.

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|----|--------------------------------|------------------------|
| 01 | Sitting on the Dock of the Bay | Otis Redding |
| 02 | The Girl from Ipanema | Astrud Gilberto |
| 03 | Wicked Game | James Vincent McMorrow |
| 04 | Skinny Love | Birdy |
| 05 | Landslide | Fleetwood Mac |
| 06 | Fields of Gold | Eva Cassidy |
| 07 | Say You Love Me | Jessie Ware |
| 08 | Je Te Laisserai Des Mots | Patrick Watson |
| 09 | Dedicated to the One I Love | The Mamas & The Papas |
| 10 | Autumn Leaves | Chet Baker |

ON SPOTIFY

Follow the villa sound.

Updated after every Becoming Alpha retreat. Search **Becoming Alpha: Golden Hour** on Spotify, or scan the code inside your welcome book at the villa.